

# Daily Guided Walks



## Trail Blazing €35pp

Duration:

4 - 8hrs

Always thought how the walking paths get made or areas discovered, take this opportunity to join Stephen on one of his exploration days in Rhodes where he goes looking for new areas to walk, find new things to see, there is not knowing what you will be doing, where you will get to and what you will discover with him, be warned Stephen can come home covered in scratches where he has pushed his way through thorned bushes to see what on the other side, but always he returns with that satisfied look that only persons with the same need to explore can have, knowing he's been where nobody else (well anybody sensible anyway) has been for a long time if at all sometimes.

As you have guessed these days are only available

when Stephen is in Rhodes, which is very often in the walking season, these are not planned routes, neither are they planned days, just we had to put it in somewhere. Please contact us for more details. (Rule of thumb on this one, if you're not sure then there's your answer)

Equipment:

This is a day of walking, scrambling and trimming vegetation back to pass through, you will require walking boots and walking socks for support and comfort while walking. It is advisable to wear light long sleeve shirts and light trousers in addition to sun hat, gaiters and gloves give that added protection from any thorns, sun cream and sun glasses as the sun will be as strong on the mountain as in the valleys but the cool air disguises its effect. You should bring a rucksack, as it will be necessary to carry your lunch, personal items and at least 2-3 litres of water, head torch in case we find any caves, caverns or gorges; there are no shops on route to buy food and water. A pair of walking poles can be helpful, we will be supplying any pruning shears or handsaws that might be required.

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## Food:

There will be several meal stops on this route. Although there is no route a check on the time will be made and you could be out for 8hrs so come prepared with plenty of rations, it is relatively strenuous and therefore important to bring sufficient food that works well for your body and gives you best sustained energy that also taste good. The best rule of thumb is always to come away from a walk with some food spare.

## Walking conditions:

Prepare for exploring were others do not go or do not even know about, from rough terrains to overgrown vegetation, this will be exciting not dangerous. (really rough areas will be left, such as 2mtr drops plus, and returned by the Walking Rhodes staff, with climbing equipment to remain safe in all areas at all times to finish off exploring these areas).

## Stops & Breaks:

Stops and breaks will be often as you will be heavily involved in planning the exploration area as much as Stephen, so discussing the next move will always involve intake of water and food.



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