

# Daily Guided Walks



## Akramitis Mountain €35pp

Duration:

5 hrs

This is an excellent, well-rounded walk that combines the lure of a summit with satisfying walking on forest paths and a real feeling of being, away from it all.

This walk gets the majority of the ascent for the day out of the way early on when it is that bit cooler. We take a series of single-track switchbacks up the southern mountainside in amongst the pine forest. Occasional breaks in the trees provide great views down the western coast to the south and welcome opportunities for a breather.

Above the tree line, the route finds its way through tortured limestone pavement to a col, giving the first views of the coast to the north. Further on up the ridge, we reach the summit and are gifted with spectacular 360-degree views. You can see many of the other mountains of Rhodes from this vantage point and get a feel for this western side of the island, which is more remote and distinctly different to the more developed eastern side.

From the summit, we descend the northern side of the ridge that runs roughly east to west into what from many angles resembles a volcanic caldera. This turns out to be a wide gully between two ridgelines.

A pleasant forest track leads us to our lunch stop at an old chapel, which boasts a well and resident Geckos! Suitably refreshed, a descent through trees leads past the remains of long abandoned dwellings and upland pastures. Depending on the time of year and the keenness of your eyes we might find wild flowers, praying mantid's or stick insects.

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Skirting around the ridgeline affords some marvellous views before moving back over to the southern side of the ridge for a gentle decent to a bar and the necessary cold refreshment! If time allows we can sometimes include and extra treat at the end of this walk (you will have to join us to find out what it is!).

## Equipment:

This is a mountain walk and you will require walking boots and walking socks for support and comfort while walking. It is advisable to wear light long sleeve shirts and light trousers in addition to sun hat, sun cream and sun glasses as the sun will be as strong on the mountain as in the valleys but the cool air disguises its effect . You should bring a rucksack, as it will be necessary to carry your lunch, personal items and at least two litres of water; there are no shops on route to buy food and water. A pair of walking poles can be helpful and we have these available to hire or buy if you feel you need them

## Food:

There will be one meal stops on this route. it is important to bring sufficient food to keep you going for the day. The best rule of thumb is always to come away from a walk with some food spare.

## Walking conditions:

This is a rough and rugged path that takes concentration on foot placement, but has a contrasting landscape which gives to some clean paths, the views are stunning from the summit.

## Stops & Breaks:

There will be many stops allowing to take on water and one meal break, there are many photo oppertunitys which will not be passed.



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